## ABSTRACT

A lie-down massager comprises a base frame having a top panel with a top opening formed centrally and lengthwisely through the top panel, a rider provided below the top panel to make a horizontally reciprocal movement relative to the base frame, a lifter liftedly engaged to the rider to make a vertically reciprocal movement relative to the rider, a massage member fixed downwardly to the lifter with supports horizontally aligned along a top portion of the massage member, 10 massage bumps attached atop the first and second supports, and a pad covering the massage bumps and the elongated opening of the base frame. The supports repeatedly approach to and distance from each other within the top opening. 15